

P.O. Box 750
Lyndhurst, NJ 07071

The Hidden Dangers of Technology for Today's Youth

What they don't know will harm them

Friday, April 16, 2010

Bergen Community College
Moses Family Meeting & Training Center
at the Technology Education Center
Paramus, NJ



Professional Development Division of
Comprehensive Behavioral Healthcare, Inc.

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Directions to the Moses Family Meeting & Training Center at Bergen Community College

The Moses Family Meeting & Training Center is located in the Technology Education Center, directly to the right of the Main Building. **As you enter the campus bear right and follow the signs to Parking Lot B. Make a left turn into Parking Lot B. As you come half way around Parking Lot B the new building is clearly visible on your left;** it has a two-story glass front and two observatories on the roof.

FROM THE NORTH

(Via Garden State Parkway)-Take Exit 165, turn right (west) on Ridgewood Road, then right onto Ridgewood Avenue (crossing over Route 17) and continue to Paramus Road. Turn left onto Paramus Road and continue approximately 2 miles to college, proceed around jug handle to main entrance. (Via Route 17)-Turn right off Route 17 onto Ridgewood Avenue (west) to Paramus Road. Turn left onto Paramus Road and continue as above.

FROM THE EAST

Take Route 4 (via George Washington Bridge from New York City) to Paramus Road North, Paramus. (From the east, Paramus Road is approximately 3/4 miles past Route 17 intersection). Turn right onto Paramus Road and proceed north for approximately 2 miles to College entrance on right side of Paramus Road.

FROM THE SOUTH

(Via Garden State Parkway)-Take Exit 160 (Passaic Street). Turn left onto Passaic Street.

Continue over Route 4 onto Paramus Road (Passaic Street becomes Paramus Road north of Route 4 overpass). Continue north about 2 miles on Paramus Road to college entrance on right.

(Via Route 17)-Take Century Road, second exit to the right, proceed around clover leaf over Route 17 onto Century Road (west). Continue to Paramus Road and turn right onto Paramus Road to college entrance on right.

FROM THE WEST

Take Route 4 to Paramus Road, Paramus (exit under overpass). Turn right onto Paramus Road and proceed north for approximately 2 miles to college entrance on right side of Paramus Road.

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When: Friday, April 16, 2010
Where: Bergen Community College
Technology Education Ctr.
Paramus, NJ
Time: 8:00 a.m.
**Registration &
Continental Breakfast**
8:30 a.m. — 3:30 p.m.
Workshop

Presented by:



Professional Development Division of
Comprehensive Behavioral Healthcare, Inc.

Register online at
www.cbhcare.com

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Moses Family Meeting & Training Center

Registration/Continental Breakfast 8:00 a.m.

Workshop 8:30 a.m. — 3:30 p.m.

The use of technology is quickly becoming the primary means of bullying and harassment, particularly among adolescents. Text and picture messaging through cell phones and instant messaging via the Internet have taken the place of the traditional schoolyard bully and have led to an explosion in bullying, harassment and other exploitive behaviors on-line. The immediacy and relative anonymity of the Internet creates an illusion of safety for the perpetrator and no safe haven for the victim, while increasing the overall likelihood of impulsive and inappropriate sharing of words and images.

This workshop will explore how the blending of technology and adolescent development creates a potent and dangerous combination, leading to excessive risk-taking and the inability to control impulses and foresee consequences. The role of peers, the prevalence of on-line harassment, and the "sexualizing" of on-line communication will also be explored. **Facebook** and **YouTube** rule kids' lives, but **Second Life** (a user-created virtual world) is the newest and possibly biggest threat teens may face in the next few years; it will be used as an example of the power and danger of virtual worlds.

This workshop will enable participants to:

- learn strategies to help adolescents evaluate their on-line behaviors
- examine how personal information about children and teens can be obtained through on-line searches
- learn strategies to help children understand the risks of disclosing personally identifying information on the Internet
- explore the nature and dangers of virtual worlds on the Internet
- consider and discuss the potential social, emotional, psychological, and cultural implications of violent and sexualized imagery on the Internet
- understand how the strong need for status and social connection in adolescence increase the likelihood of risk-taking
- use bio-psychosocial factors as guidelines to develop clinical and school-based intervention strategies

The Presenters

Andrew Yeager, MA is a NJ state certified School Psychologist and Student Assistance Coordinator, for the Park Ridge School District. He is the Vice President of the New Jersey Association of Student Assistance Professionals, the founding member and coordinator of the Bergen County Association of Student Assistance Professionals, a member of the Park Ridge Municipal/D.A.R.E. Alliance; and a lead responder for the Bergen County Traumatic Loss Coalition. Andrew is a co-Executive Producer of the films "Sticks and Stones" and "The Web" and has written several educational programs and manuals for DWI prevention and Internet safety programs.

Lt. Joseph Rampolla, MA has been a law enforcement officer for fifteen years and cur-

rently oversees the Detective Bureau for the Park Ridge Police Dept. In 2003 he was assigned to the Bergen County Prosecutor's Office Computer Crimes Task Force. He has completed training offered by county, state and federal agencies as well as leading technology companies with a focus in the areas of computer forensics, Internet child exploitation, cyber counter-terrorism, human trafficking, and Peer-to-Peer file sharing investigations.

Nancy Gifford, JD is an attorney for the Connecticut Center for Medicare Advocacy. She served as the Assistant U.S. Attorney for the District of Connecticut (1998-2003) and is a consultant for the Family Online Safety Institute (FOSI), an international non-profit organization whose primary focus is on increasing education regarding online safety. She is an advisor to iKeepSafe, an internet safety coalition that provides families with tools, education, and resources they need to stay safe online and to implement an internet safety strategy in their homes.

Julia McDonald has spent the last several years learning about the real life experiences of victims of predatory crimes and will share her story and passion for victim advocacy and recovery. She is the mother of a known victim of child pornography. Julia is also the Team Coordinator for the Exploited Child Team for Team Hope, a program of the National Center for Missing and Exploited Children. Team Hope is an organization of parents and other family members who offer help and support to families of missing and exploited children. Julia has a vision of a future that is free of the devastation of predatory crimes against children.

Registration Form

- Individual Registration \$95.00
- Group Registration \$75.00
Per person, for 5 or more attendees from the same institution. Please submit all registration forms together.
- Student Registration \$75.00
Please attach proof of student status

Continental Breakfast will be provided

**** Lunch is on your own ****

Name (as it will appear on certificate—please print clearly)

Company/Affiliation

Address

City, State ZIP

Phone (required)

Email Address (required)

Method of Payment

- Visa Discover
- MasterCard Check Enclosed
Made payable to CBHCare, Inc.

Credit Card #

Exp. date

Signature

Note: Seating is limited, register early!

Certificates will be distributed at the completion of the workshop

Mail or fax completed form to:



P.O. Box 750
Lyndhurst, NJ 07071

Phone: 201-935-3322

Fax: 201-460-3698

Register online & join our mailing list at:
www.cbhcare.com